



AlcoholEdu[®] for High School – Inspiring Students to Make Safer Choices

Alcohol misuse doesn't just put students at risk; it threatens the ability of schools to achieve their educational objectives. *AlcoholEdu[®] for High School* takes a public health approach to preventing alcohol abuse, incorporating evidence-based prevention methods to create a highly engaging user experience.

AlcoholEdu is proven to reduce negative consequences associated with underage drinking. Through this scalable online program, high schools can reach all students with a consistent message and empower them to make safer and healthier decisions about alcohol.

Recommended Grade Level: 9-12

Total Modules: 5 (20-25 minutes each)

Total Time: 2-3 Hours

Subject Fit: Health, Physical Education

AlcoholEdu for High School requires funding from the school, district, or outside source. Contact your EverFi representative for more details.

Key Highlights

As a teacher, you receive:

- Supplemental, offline activities
- Engaging class discussion guides
- Pre- and post-assessment and survey reports
- Parent/guardian companion online course

Your students will receive:

- Interactive lessons that incorporate multiple evidence-based prevention theories
- Access to helpful alcohol-related online resources
- Individual planning tools that allow them to set personal goals



Learning the Meaning of a Standard Drink

AlcoholEdu[®] for High School Course Flow

Modules & Components



Survey 1



Introduction



Know Your Influences



Brain & Body



Make Smart Decisions



Conclusion



Survey 2

EverFi Course Elements

Pedagogy based on the **Universal Design for Learning (UDL)** and **Teach for Understanding (TFU)** frameworks:



Engaging multi-media content for all types of learners



Pre, post, and formative assessments for evidence-based learning



Certificate-based skill development

Select Course Modules

Know Your Influences - There are a lot of myths surrounding teens' use of alcohol. The media often imply that young people are drinking much more than they really are. In this module, students explore how influences such as advertisements and peers can affect their thoughts and behaviors related to alcohol use.

Brain & Body - Alcohol affects the adolescent brain and body in different ways than those of adults. This module explores blood alcohol concentration (BAC), the factors that influence it, and how to help others who may be experiencing alcohol poisoning.

Smart Decisions - Making safe choices around drinking can be tough, and it's a choice that many teens will face more than once. Through interactive scenarios and illustrative videos, this module helps students consider factors that may contribute to their decisions, and how to rely on their own values and goals to resist peer pressure.



Exploring Factors That May Influence Drinking-Related Decisions

Course Topic Areas:

- Peer Pressure
- Underage Drinking Laws
- Alcohol and the Brain & Body
- Bystander Behaviors
- Values & Goal-Setting
- Challenging Common Myths
- Talking to Parents

EverFi is the leading technology platform that teaches, assesses, and certifies students in critical life skills. Our courses have touched the lives of over ten million students.

EVERFI

3299 K Street NW, 4th floor
Washington DC, 20007

P 202 625 0011
INFO@EVERFI.COM