Additional Resources

**Alcoholics Anonymous (AA)**
www.alcoholics-anonymous.org/
Alcoholics Anonymous (AA) is an international fellowship whose primary purpose is to help alcoholics achieve sobriety. It is available almost everywhere, and membership is open to anyone who wants to do something about his or her drinking problem.

**Al-Anon/Alateen**
www.al-anon.alateen.org/
Al-Anon is an independent fellowship that helps relatives and friends of alcoholics. Al-Anon holds the view that alcoholism is a family illness. Groups share their experience, strength, and hope in order to aid recovery.

**Substance Abuse Treatment Referral Locator**
findtreatment.samhsa.gov/
This site helps people find alcohol and drug abuse treatment or mental health treatment facilities and programs around the country. It is sponsored by SAMHSA, the Substance Abuse and Mental Health Services Administration, an agency within the U.S. Department of Health and Human Services that aims to reduce the impact of substance abuse and mental illness on America’s communities.

**National Drug Treatment Referral Routing Service**
1-800-662-HELP (4357)
The Substance Abuse and Mental Health Services Administration’s (SAMHSA) toll-free telephone number for alcohol and drug information and local treatment referral assistance. Open 24 hours a day, 7 days a week.

**Adult Children of Alcoholics World Service Organization, Inc.**
www.adultchildren.org/
Adult Children of Alcoholics is an anonymous program of women and men who grew up in an alcoholic or otherwise dysfunctional home. The program gathers and disseminates meeting information for members; creates and distributes literature for use in groups, and provides information to the general public.

**The Center on Addiction and the Family**
www.phoenixhouse.org/family/center-on-addiction-and-the-family
The Center on Addiction and the Family (COAF, formerly known as the Children of Alcoholics Foundation) is a unit of Phoenix House, the nation’s leading provider of alcohol and drug abuse treatment and prevention services. Its mission is to ensure that individuals, families, and professionals receive information and services that support the healing process – for everyone.