

Say Something Digital

A Youth Violence Prevention Program from
Sandy Hook Promise

Stopping Violence Before it Occurs

Too often, after an act of violence, those familiar with individuals involved reveal that they suspected or knew something was going to happen, but didn't know what to do with that information. In fact, in 4 out of 5 school shootings, at least one other person knew of the shooter's intent, but said nothing.¹

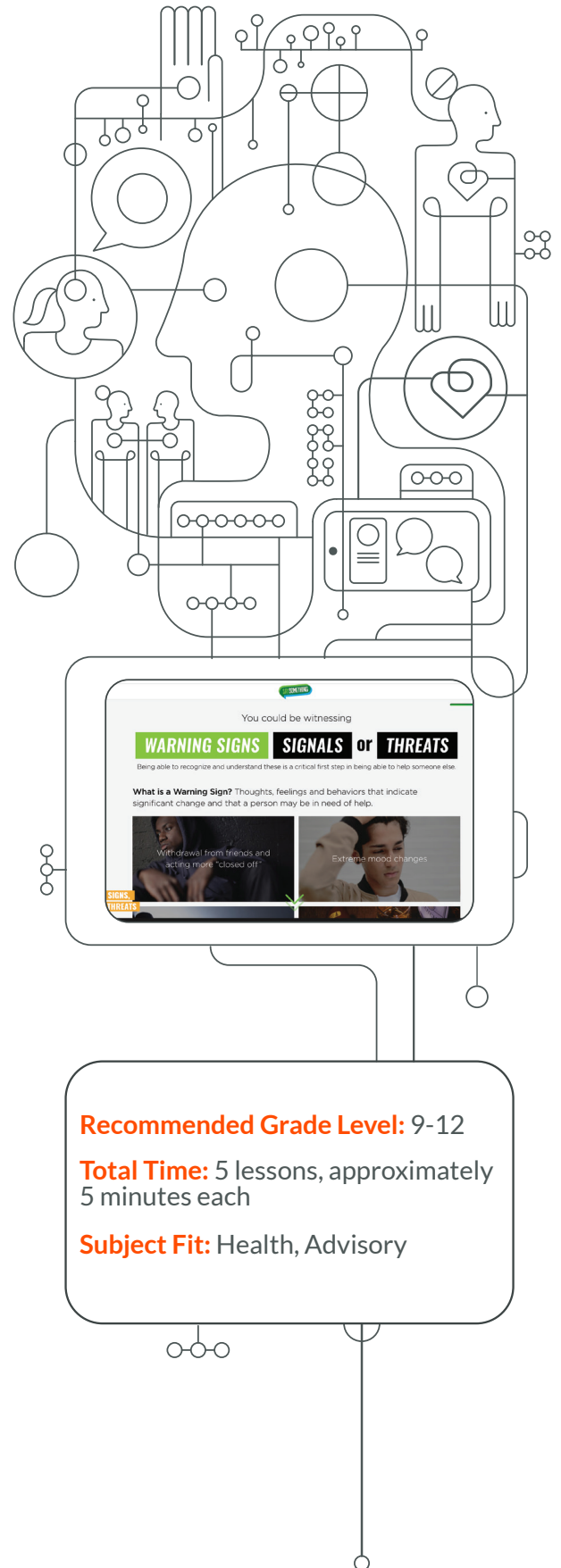
7 out of 10 people who complete suicide told someone of their plans or gave some kind of warning.¹ Imagine how much tragedy could be averted if these individuals said something.

1,000,000

students were threatened or injured with a
weapon on school property in the last year

Empowering Students, Keeping Schools Safe

Say Something Digital, an online course based on Sandy Hook Promise's groundbreaking curriculum, empowers students to recognize and take action when they see the signs, signals, and threats of violence. Through interactive scenarios and case studies, students build the knowledge and skills they need to prevent violence before it occurs.



Course Flow



Lesson 1

Keep Schools Safe



Lesson 2

Recognizing Signs, Signals, and Threats



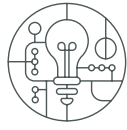
Lesson 3

Act Immediately Take it Seriously



Lesson 4

Say Something



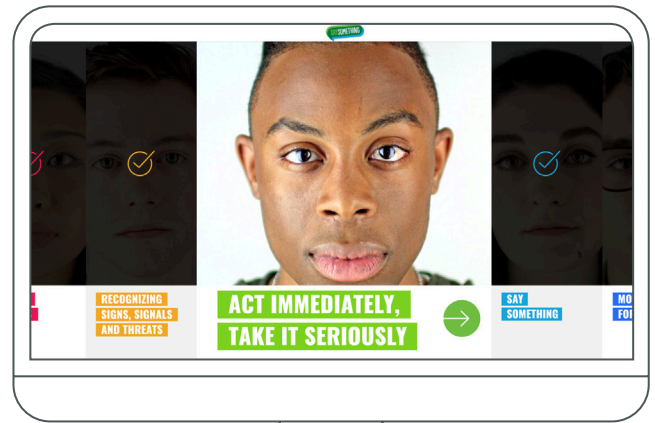
Lesson 5

Moving Forward

Course Highlights

- Interactive lessons that guide students through the critical three-step process of recognizing the signs, signals, and threats, identifying a trusted adult, and saying something.
- Simulated conversations with trusted adults that model effective ways for students “say something.”
- Reflection exercises after each lesson for students to review key takeaways.

For more information, visit
[www.sandyhookpromise.org/
saysomethingresources](http://www.sandyhookpromise.org/saysomethingresources)



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