What Risks Are You Taking?

Positive Risks

Taking positive risks can help you build your confidence, persistence, creativity and problem-solving skills.

Here are some examples of positive risks:





Making a new friend or playing with a different group at school





being bullied

Negative Risks

Taking negative risks could lead you to injury or unsafe situations. When you're unsure, always ask an adult that you trust before taking a risk. Here are some examples of negative risks:



Riding a bike/ skateboard without a helmet



Swimming without adult supervision



Speaking to a stranger



Not wearing your seatbelt

