Ignition: Digital Wellness & Safety

Recommended Grade Level 6-9    Total Lessons 6 lessons, approximately 30 minutes each
Subject Fit Career Technical Education, Computer Science, Library Science
Standards Alignment CASEL SEL Framework, CCTC (Common Career Technical Core), ISTE Student Standards

Tweens and Teens today are spending more than 8.5 hours per day in front of a screen. Online activities allow these young digital natives to connect with people with common interests, and find creative ways to create and source content. But 68% of students feel that social media has a negative impact on themselves or their peers.

Ignition is a digital literacy and citizenship course dedicated to providing students with the skills they need to safely and confidently navigate the digital world. The course helps students acknowledge the benefits of digital communities and resources while guiding them to successfully navigate potential pitfalls in their digital lives.

Example Topics

- Protecting online data and personal information
- Balancing screen time vs. offline time
- Evaluating digital sources and content
- Managing online connections & respectful online communication
- Respecting digital rights and restrictions

Course Flow

- Lesson 1: Connections and Community
- Lesson 2: Safety and Privacy
- Lesson 3: New* Screen Time vs. Offline Time
- Lesson 4: New* Technology and Data
- Lesson 5: Rights and Literacy
- Lesson 6: Evaluating Content

For more information about bringing this program to your school or district, visit everfi.com/ignition.