

SEPTEMBER
Back to School

S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Character Playbook (L3): Communicating Effectively
How can I improve my online and offline social skills?

Sept. 21: International Day of Peace

Honour Code (L1): Relationships
What differentiates positive and negative relationships, and where does bullying fit in?

OCTOBER
Cyber Security Awareness Month

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Ignition (L2): Safety & Privacy
How can I keep my personal information private online?

Oct. 2: NHL Season Kicks Off

Future Goals: Hockey Scholar - Math (L3): The Pass
How can I use angles to make the perfect bank pass?

Future Goals: Hockey Scholar - Science (L1): Prepare the Surface
What are the phases of matter?

NOVEMBER
Financial Literacy Month

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Vault (L2): Income & Careers
What's the difference between a job and a career?

EVERFI 3.0 (L3): Budgeting

How do I set financial goals and start budgeting?

Nov. 11-17: Digital Health Week

Ignition (L3): Screen Time vs. Offline Time
Am I spending too much time online?

DECEMBER
Pre-break Enrichment

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Endeavour (L2): Designing the Ultimate Prototype
What are the steps to designing a custom sneaker?

Dec. 3: Giving Tuesday

Honour Code (L5): Community
How can I contribute positively to my community?

NOTES

JANUARY

New Year's Resolutions

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Character Playbook (L5): Stepping In

What should I do when I witness an unhealthy relationship?

Jan. 30: Bell Let's Talk Day

Mental Wellness Basics (L3): Healthy Coping Skills

How can I turn negative thoughts and emotions into positive ones?

FEBRUARY

Black History Month

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306: All Lessons

Who are key individuals in Black history and what are their contributions?

Feb. 26: Pink Shirt Day

Ignition (L1): Connections & Community

What are the positive and negative aspects of an online community?

MARCH

National Engineering Month

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Endeavour (L3): Home of the Future

How can I use data to automate my home?

Future Goals: Hockey Scholar - Science (L6): The Goalie Pads

How do different materials affect protection and maneuverability?

National Nutrition Month

Healthier Me Middle (L1): Meal Builder

How can I build a healthy meal using the food groups?

APRIL

Spring Planning & Projects

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Venture (L1): Building a Budget and Saving Startup Capital

How do I build a balanced budget?

Apr. 19-25: National Volunteer Week

Character Playbook (L6): Making Decisions

What are my personal and moral standards?

MAY

Mental Health Awareness Month

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May 4-10: Mental Health Week

Mental Wellness Basics (L2): Understanding Mental Health Disorders

How does my brain control the choices I make?

JUNE

Steps for the Future

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Endeavour (L5): My Field Guide

How do my STEM interests give me a glimpse into what I might do in the future?

Prescription Drug Safety (L5): Refusal Skills

What actions can I take to prevent misuse of prescription drugs?