

## **Grade 3-5 Planning Calendar 2022-2023**

### Your at-a-glance guide for real world learning

# September

Back to School

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### Summer Slugger: All Games

How can I brush up on my math and reading skills?

Future Goals Hockey Scholar - Math (L1): Uncover the Ice

How do I measure the area of a hockey rink?

> Sept. 21: International day of peace

The Compassion Project (L1): What is Compassion?

What kinds of situations call for compassion?

### Ignition (L2): Safety & Privacy

What is a digital footprint?

Oct. 10: World Mental Health Day 2022

The Compassion Project (L6): Self-care

How can I show compassion toward myself?

Healthier Me Elementary (L2): Fitness Adventure

How can I build physical movement into my daily routine?

### Vault (L3): Income & Careers

What's the difference between a job and a career?

> Nov. 14-20 Digital health week, Canada

### Ignition (L4): Technology & Data

How can I keep my information safe online?

> Nov. 28: World Compassion Day

### The Compassion Project (L2): What is Empathy?

[2nd-4th] How can empathy lead to more compassion?

> Nov. 29: Giving Tuesday

### December Pre-break Enrichment 5 9 10 11 12 17 13 14 15 16 20 18 19 21 22 23 24 25 26 27 28 29 30 31

### Future Goals Hockey Scholar (L1): Prepare the Surface

What are the phases of matter?

The Compassion Project (L12): Compassion In Our Class

How can I make a compassionate choice?

### **Spring Dates**

- February: Black History Month and Pink Shirt Day
- > March: National Engineering Month
- and National Nutrition Month
- > April: Earth Day
- Mental Health Awareness

## Visit everfi.com/login to explore these resources and create your classes.



## **Grade 3-5 Planning Calendar 2022-2023**

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## January

New Year's Resolutions

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### The Compassion Project (L8): Growing the Brain

How can I learn new skills and grow my compassion?

### Future Goals Hockey Scholar - Math (L3) The Pass

How can knowing about angles help me be a better hockey player?

Jan. 31: Bell Let's Talk Day (Mental Health/SEL)

### Compassion (L14): Compassion in Our Communities

How can I show compassion in my community?

> Feb. 8: Safer internet Day

### Ignition (L1): Connections & Community

How can I engage with others in a respectful manner online?

> Feb. 23: Pink Shirt Day

### > Mar. 14: International Day of Mathematics Vault (L1): Financial Decision Making

Healthier Me (L2): Meal Builder

[3rd-5th] What decisions do I make about money now?

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[2nd-5th] What goes into a healthy school cafeteria meal?

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	Health	21	22	23	24	25	26	27
	Mental Health Awareness Month	28	29	30	31			
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### The Compassion Project (L7): Being Mindful

What does it mean to be mindful?

May 1 - 5: CMHA's Mental Health Week

### Ignition (L3): Screen Time vs. Offline Time

Am I spending too much time online?

### Vault (L5): Future Planning

How can I prepare now for a successful future?

› Apr. 7: World Health Day

### Plants and Animals (L1) Improving Animal Welfare

What is my role in contributing to healthy biodiversity?

> Apr. 22: Earth Day

### Summer Slugger: All Games

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End-of-the-Year Review

How can baseball help me stay strong in math and reading?

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Future Goals: Hockey Scholar - Math (L3): The Pass

How do I measure angles?

Jun. 5: World Environment Day

### Future Goals: Hockey Scholar - Science (L4): Endurance

How do my respiratory and circulatory systems help determine mv endurance level?