

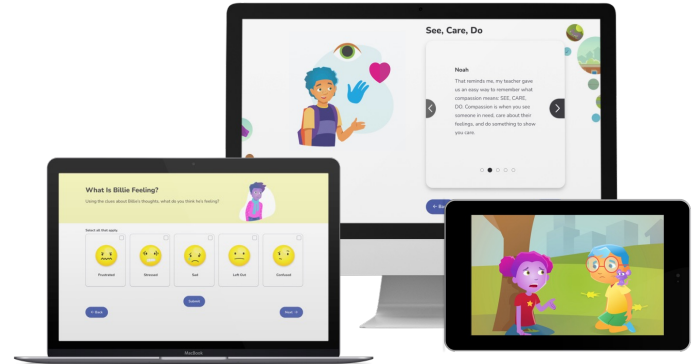
FREE DIGITAL LESSONS

# The Compassion Project for Elementary School

By the time students reach the second grade, they can identify their emotions and process how their actions can impact others. Teaching compassion and its underlying skills not only increases students' own sense of wellbeing, but also improves the learning environment for all learners.<sup>1</sup>

*The Compassion Project* is a first-of-its-kind national initiative to provide compassion education to lower and upper elementary school students across the United States. These two digital courses provide a simple framework that teachers can use to embed compassion education into the school day. Students engage in a multi-sensory experience that allows them to explore multiple points of view as they build empathy for those around them.

1. Source: The Center for Healthy



The Compassion Project for Elementary School

## GRADE LEVEL:

2-4 and 4-6

## CURRICULUM FIT:

Morning Meeting,  
Homeroom, Advisory,  
Health, Counseling

## LENGTH:

2 digital courses,  
3 lessons each

+ 18 offline lessons  
to extend the learning

## STANDARDS ALIGNMENT:

Common Core State Standards in  
English Language Arts (CCSS -  
ELA), CASEL Social and Emotional  
Learning Competencies

## EFFICACY:

All EVERFI K-12 courses  
are research-based.

Learn more at  
[EVERFI.COM/Research](https://everfi.com/research)



## Free Digital Platform & Support



**Self-guided, interactive** digital  
lessons with real-world scenarios



**Extension activities** & resources  
to bring the digital lessons to life



**Built-in student assessments**  
with automatic grading



**Single sign-on (SSO)** available to  
streamline student registration

**Clever** -and- **ClassLink**

## Topics Include

- COMPASSION
- EMPATHY
- GROWTH MINDSET
- SELF-CARE
- EMOTIONS
- MINDFULNESS



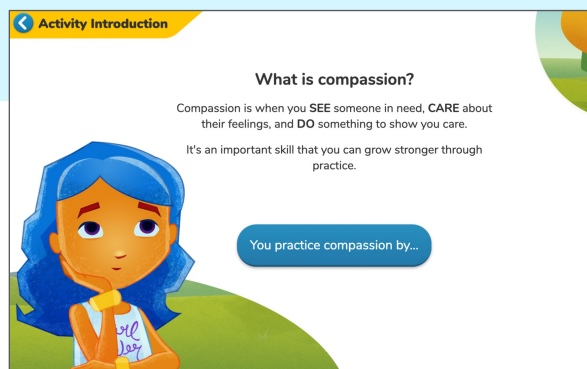
measure learning  
gains with pre- and  
post-assessment  
questions and real-  
time score reporting

# Teach Students What Compassion Is and How To Practice It



In times like these, I feel the need to spread kindness, patience, and compassion. Our students are in a unique position to do the same in their homes and in their neighborhoods. I can see the benefits continuing outside the four walls of our classroom.

– Elementary School Teacher, Georgia



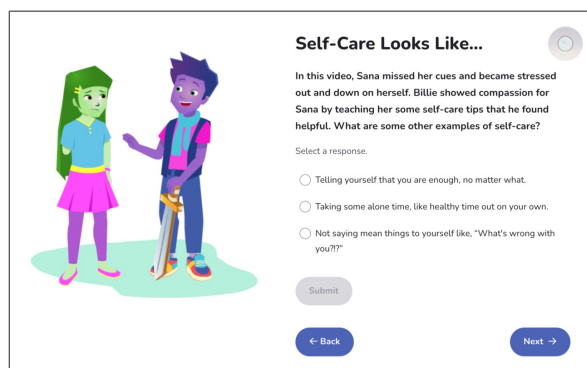
## Compassion

Students develop a foundational understanding of compassion and identify situations and emotions that may indicate the need for compassion.



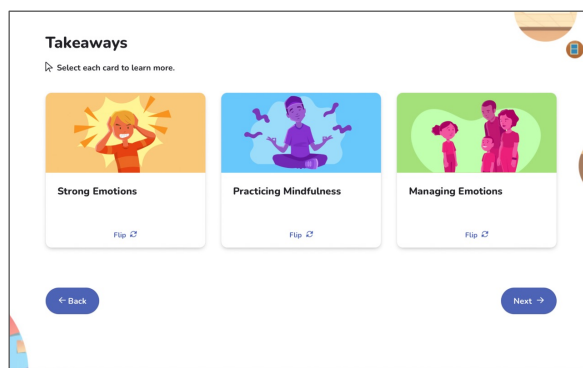
## Empathy

Through perspective-taking activities, students learn that understanding how others feel can help us feel empathy for them.



## Self-Care

Students study the concept of self-care and compassion toward self, and how these can help them reset and move on following failures and mistakes.



## Mindfulness

Students describe ways to manage difficult emotions and identify that their emotions are both within their control and can be managed and channeled for good.



These courses are a part of  
**EVERFI's Elementary School Suite**

Access a library of interactive digital courses covering topics like financial education, early literacy, STEM, health, and well-balanced meals

**EVERFI**<sup>®</sup>  
from Blackbaud

Ready to start?

Register now at  
[EVERFI.COM/NewTeacher](https://EVERFI.COM/NewTeacher)



EVERFI from Blackbaud empowers educators to bring real-world learning into the classroom and equip students with the skills they need for success – now and in the future.

[EVERFI.COM/K-12](https://EVERFI.COM/K-12)